



 Spina Bifida Association of Arizona

## Discover Your Passion and Influence Your Community

### Tucson Workshop

**ATTENDANCE IS FOR:**

**Saturday, 5/11**

**START: 10:00am - Dismissal: 3:00pm**

**Lunch included**

### “Lead the Way” is:

A program for youth & adults with spina bifida and/or intellectual/developmental disabilities to empower them to become active in causes that are of interest to them and benefit the general community as well as those who are differently abled.

### In this session, participants will experience success in these critical topics:

**You have strengths and talents, but have you ever wondered how they can bring positive change to your communities?**

- Learn about your strengths and how to contribute best!

**You have an important life story, but do you know how yours can impact and motivate others?**

- Learn how to facilitate change in your community and positively influence other people!

**You have personal values you live by, but did you know they can help direct your passions to where you want to be?**

- Learn how to network and connect with other like-minded individuals!

*\*\*ONE parent of a registered student that is under 18 is welcome to stay for an ‘organic’ parent chat session and enjoy lunch as well.*

#### LOCATION:

DIRECT Center for Independence  
1001 N. Alvernon Way  
Tucson, AZ 85711

#### DATE: Saturday 5/11

Call Jay Dashefsky at 602-274-3323 to schedule a workshop near you!

#### For more Information:

Call Jay Dashefsky at 602.274.3323

Email Jay Dashefsky at [support@sbaaz.org](mailto:support@sbaaz.org)

You can also find more information at:  
[sbaaz.org/adults-lead-the-way](http://sbaaz.org/adults-lead-the-way)